



## Virtual Letter of Care

Dear seniors,

Spring is upon us. You know what that means right? It means grr....een trees again! Allergies aside, I believe that this is one of the most beautiful times to be in Texas and on TCU's campus. The bare branches welcome new leaves with a green so vibrant that their new energy flows like water into those who walk near them. The sun shines brightly to nurture them and in return they cast a shadow beneath, inviting us all to breath in deep and soak in a moment of stillness. The warmth on our skin reminds us to join the new life outside from a hammock, a towel in the grass, or a walk through the neighborhoods. Have you ever noticed the green archways created down neighborhoods when the trees are filled again? A green tunnel forms overhead along the street's edge and draws a person in.

Why am I talking about plants turning green again? Because spring brings new life, new beginnings, green leaves, and, yes, spring brings *grrr...aduation!*

For some this is a time filled with the excitement of making plans, for others it is a time filled with the anxiety of uncertainty, and for many it is a time that oscillates somewhere in between these two states. I want us all to take a moment to learn from the trees around us, as they transition from winter to spring. They were bare not too long ago and now they are welcoming new beginnings. We are in a season of change as well. Some of us are filled with our new plans already and others of us are still exploring our desires. As we see from looking across campus and Fort Worth, the trees are all at a different point in welcoming new life as well. We learn from them that it is natural for everyone & everything to transition to new beginnings together, but individually too.

Enjoy your moments here as a student this spring, without letting it go by in a hurry or letting it fade out in worry. Soak in the warmth of the sun and energy of campus life. Let nature remind you to take in a deep breath and exhale some of your worries as you view The Commons from Frog Fountain. Know that the trees are welcoming new life as you read this, all at their own pace, and so should we.

Sincerely your fellow senior,

*Evelyn*